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FOR GRADES 7, 9, 11 AND ALTERNATIVE SCHOOL SITES

CALIFORNIA HEALTHY KIDS SURVEY (CHKS)

NOTIFICATION AND WITHDRAWAL FORM

2023-2024 SCHOOL YEAR

Dear Parent or Guardian,

Your child is being asked to be a part of our school district's California Healthy Kids Survey sponsored by the California Department of Education. The survey will be offered to students in grades 7, 9, 11 and all students attending smaller alternative high school sites. This is a very important survey that will help promote better health and well-being among our youth, improve the school learning environment and combat problems such as drug abuse and violence. Your child does not have to take the survey. *If you do not want your child to complete the survey, you must notify your school, by completing the form below and returning it to the teacher who distributed it within five days.*

Survey Content. The survey gathers information on development supports provided to youth; school connectedness and barriers to learning; school safety; and health-related concerns such as physical activity and nutritional habits; alcohol tobacco and other drug use; and risk of depression and suicide and perceived sexual orientation. You may examine the questionnaire in the school office or at your district's website www.cnusd.k12.ca.us under Student Health and Wellness in the Services and Resources tab.

It is Voluntary. Students do not have to take the survey. Students who, with your permission, agree to participate only have to answer the questions they want to answer and they may stop taking it at any time.

It is Anonymous. No names will be recorded or attached to the survey forms or data. The results will be made available for analysis only under strict confidentiality controls.

Administration. The survey will be administered in the Fall of 2023. It will take about one class period to complete (about 50 minutes) and will be administered in one of your child's regular classes.

Potential Risks. There are no known risks of physical harm to your child. Risks of psychological or social harm are very small. In rare instances, some discomfort might be experienced from the questions. The school's counseling services will be available to answer any personal questions that may materialize.

For Further Information. The survey was developed by WestEd, a public, non-profit educational institution. If you have any questions about this survey, you may call Carol Coyne, Health and Wellness Educator, Student Services (951) 736-5106 or contact your school counselor.

CHKS Withdrawal Form

By returning this form, I **do not give permission** for my child to participate in the California Healthy Kids Survey. Please sign and return this form to the teacher who distributed it within five days.

(Please Print) My child's name is: _____

Grade: _____

Name of School: _____

Teacher: _____

Signature of Parent/Guardian: _____

Date: _____

Board of Education

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Where your future takes flight.